

December 2025

Hospital Auxiliary
P.O. Box 70

Lake Arrowhead, CA 92352



Mountains Community Hospital Auxiliary

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Open

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2nd Vice-President:

(Ways & Means)

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(Volunteer Coordinator)

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Galla Artiaga: 436-3209

Corresponding Secretary:

Jenni Mitchell: 641-1553

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Gift Shop Manager:

Lydia Hill: 744-8545

Parliamentarian:

Jeannie Venturini 337-7220

Treasurer (CFO):

Yvonne Waggener 436-3202



Letter from the President

Happy Holidays Everyone!!

I hope each of you had a wonderful Thanksgiving!! It's hard to believe that Christmas and the New Year are just around the corner. Yikes!!! But we are finishing the 2025 year strong as our November Bake Sale was a great success. We made \$457.00!! Many thanks to all who donated baked goods as well as to our terrific Bake Sale team, Bonnie Currier and Judy Weber!!

Our Gift Shop is doing quite well although we could use a few more "Gift Shop Gals." If you are at all interested in getting more information or in volunteering for a 3-hour shift, please contact our awesome Gift Shop Manager, Lydia Hill.

Our annual Christmas Cookie Distribution to the MCH Staff is coming up on Friday, December 12th. There will not be a regular General meeting that day as we will be assembling boxes of cookies. Expect an email, and perhaps a phone call, reminding everyone that we are in need of at least 3 dozen cookies from each of you so we can fill boxes to the brim!

Lastly, our annual Holiday Party will be held at our home on Sunday, December 21st from 1:00 – 4:00. As in the past, please bring an appetizer or dessert to share. We will provide coffee, teas, wine and beer. If you wish, bring a beverage of your choice. There just may be some Christmas Carol singing that afternoon.

Blessings to, you all!!

Jeanne Hoy, MCH Auxiliary President

December Birthdays



1.....Mary Tansey
3.....Jenni Mitchell
3.....Zel Schweitzer
21.....Carol Flowers
30.....Lorrie Hagen

December Calendar

11...
12...
12...Cookie Distribution
Opportunity
21...MCHA Holiday Party
25...Christmas Day
31...New Year's Eve

Annual Cookie Box Assembly
Friday, December 12th at 10:00 a.m.
in the George Medak Conference Room
(replacing our General Meeting)

In Remembrance

Nancy Crawford

I received a message from Lindsey, Nancy's daughter, that she passed away this past October. Nancy was an MCHA Lifetime member who moved off the mountain several years ago. If you never had the pleasure of meeting her, you may have known her husband, Dan, who worked for many years in the MCH Pharmacy. If you would like to send condolences, they can be mailed to:

Dan Crawford
13371 Danbury Lane 136C
Seal Beach, CA 90740

Tilly Schroder



Our Gift Shop "mascot" Tilly, who was Gift Shop Gal Toneya Schroder's very sweet puppy, passed away suddenly on October 9th.

She was such a welcoming presence to all those who entered the shop on the days she "worked."

We extend our deepest condolences to Toneya and Scott at the loss of Tilly who was a treasured member of the family.



Join us for our

Annual Holiday Party

Sunday afternoon,
December 21st

from 1:00 to 4:00

at the home of Barry & Jeanne Hoy
27861 Alpen Dr.
Lake Arrowhead

Please bring
an appetizer or dessert to share
Beverages will be provided

Come prepared to sing Christmas Carols
accompanied by pianist Barry Hoy

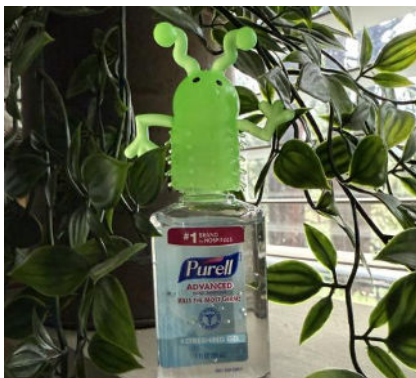


It's BUG Season!!

We received some valuable information (and a gift) from our guest speaker at the November General meeting.



Emily Barnard, Infection Prevention Manager at MCH, discussed the truths and some myths that seem to circulate each year when flu prevention and vaccine time comes around.



She distributed a couple handouts that provided some guidelines for different types of vaccinations and common misconceptions as to what they cause.

See the last page of this newsletter for a condensed list of each.

Thank you, Emily!!!

Hours, Minutes, Seconds....tick, tick, tick

Happy first day of December!

There will be a change effective immediately when reporting hours. Yvonne Waggener is working with the hospital and reporting hours we volunteer for specific needs of the hospital.



With that said, effective December 1st, when reporting hours, please break them down by task. For example, you worked 15 hours in the Gift Shop, 10 hours in Skilled Nursing, and 3 hours baking for a bake sale. (If including 30 minutes as travel time for events you drive to, record them separately.)

Also, please begin submitting your hours monthly instead of quarterly. Again, this helps Yvonne with the reports she needs to submit. I will send an email out around the 25th of the month to remind you guys to report your hours by the end of month. I will send another email reminder after the fifth of the month to send the hours for the preceding month.

I hope this makes sense! I'm sure it will take a bit for us to get into the new groove, but I know we'll figure this out!

As always, I do appreciate every hour that you guys report as it is a benefit for the hospital.

**Jenni Mitchell, Keeper of the Hours
& Corresponding Secretary**

Send hours to Jenni by.....

Phone/text: (909) 641-1553

Email: jenimitch07@aol.com

Holiday Cookie Distribution

Put on your aprons, get out yer mixing bowls, gather up your ingredients, and fire up your ovens as it's time to spoil our MCH staff with holiday cookies!

We are asking that local members provide at least 3 dozen cookies each so we can distribute boxes filled with a variety of cookies to each department within the hospital.



We will be boxing the cookies starting at 10:00 on Friday, December 12th in lieu of our general meeting.

If you are able to participate in providing cookies (either homemade or store bought) please let Toneya know by text or email:

(909) 289-8741 or Brokenboneclub@yahoo.com



Our last bake sale of 2025 was a huge success thanks to all the members who generously donated yummy bake goods, our wonderful bake sale duo of Bonnie and Judy...and hungry staff members!!!

(Apologies for the picture I took! I must be my mother's daughter as just like her, somehow, I got the table of baked goods...and NOT the smiling faces of Bonnie, Judy and Jeanne!!)



'Tis the season of gift giving!!

The gift shop is filled with fun nick knacks to deck the halls during this holiday season. Beginning December 17th through the 23rd, we will need extra hands as purchases made to be given as gifts will be gift wrapped. A table is being set up just outside the shop in the Solarium where items can be taken to be bagged with ribbons and tags.

If you don't normally work in the shop but would like to help out with gift bags, please let Lydia know as we expect to be busy with last minute gift purchases!

We are continuing to sell See's candy. In fact, it sold so quickly Lydia and Toneya plan to restock the shelves with additional boxes.

And lastly, so many staff requested we carry hooded, zip up sweatshirts with the MCH logo, that we decided purchase some in black and dark heather. The cost is \$39.95. Hoping this will meet the employees expectations.

1. Influenza (flu vaccine)
 - Yearly before flu season
2. COVID-19 (SARS-COV-2) Vaccination
 - For 65+, two step recommended (1st dose followed by 2nd at least 4-6 months later)
3. RSV (Respiratory Syncytial Virus)
 - One time for those 60+ (or 55 based on risk)
4. Shingrix (Shingles Vaccine)
 - 2 doses, 2-6 months apart (protects against shingles and postherpetic neuralgia)
5. Pneumococcal Vaccine
 - Usually just one time (protects against pneumonia, bloodstream infections and meningitis)
6. Tdap/Td Booster (Tetanus, Diphtheria, Pertussis)
 - Every 10 years

These are the suggested 2025/2026 Recommendations for those 55+