

**January 2024**

Hospital Auxiliary

P.O. Box 70

Lake Arrowhead, CA 92352



**Mountains Community Hospital Auxiliary**

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### **Auxiliary Officers**

**President:**

Elaine Tipton: 215-5271

**President-Elect:**

Jeanne Hoy: (321) 626-7418

**1st Vice-President:**

(Membership)

Kathy Howe: 367-4482

**2nd Vice-President:**

(Ways & Means)

Ronda Rynda: 744-9411

**3rd Vice-President:**

(Volunteer Coordinator)

Marsha Reynolds: 732-5937

**Recording Secretary:**

Gayle Pinkston: (805) 791-0077

Missy Coates: (805) 551-6105

**Corresponding Secretary:**

Holly Carver: (951) 733-9898

**Nominating Chairperson:**

Pat Jongerius: 336-0737

**Gift Shop Manager:**

Lydia Hill: 744-8545

### **January Birthdays**



3.....Betty Williams

3.....Liz Davis

16.....Toneya Schroeder

22.....Marge Sole

### **January Calendar**

1.....New Year's Day

4.....National Trivia Day

11....**Board Meeting @ 9:00**

**General Meetings @10:00**

15...Martin Luther King Jr. Day

21....Squirrel Appreciation Day

24....National Compliment Day

29....National Puzzle Day

### **Letter from the President**



Happy New Year MCH Auxiliary Members!

This is the time of year when we reflect upon the past year and then make our hopes, plans, and wishes for a more prosperous, joyous, and healthy year ahead.

For many of us, 2023 was a challenging year. Yet, we also saw the amazing progress and growth of our wonderful Mountains Community Hospital during this past year: from the beautiful welcome area, to the efficiency of the check-in process for out-patient services, to the tremendously successful LeGrand Picnic last July (thanks to the hard work of our fab Foundation team of Kim & Abby), as well as the return of many of our Auxiliary volunteers to donate their time to our hospital and our mountain community. Reflecting upon the positives truly helps us plan on making 2024 an even greater, more rewarding year for all.

I thought it would be fun to look at reflective quotes from famous people, past and present, to inspire us as we begin our 2024 year. On the next page, try matching the quote to its author.

Wishing you all only the best in 2024!

**Elaine Tipton, MCHA President**

**General Meeting at 10:00  
on Thursday, January 11<sup>th</sup>**

**in the George Medak Conference Room**

By the way, our meeting is on  
"National Step in a Puddle and  
Splash Your Friends Day!"



# Inspiration as we begin the 365 Days of 2024

## Author:

- A. Mahatma Gandhi
- B. Arthur Ashe
- C. Theodore Roosevelt
- D. Aly Raisman
- E. Lucille Ball
- F. Dr. Seuss
- G. Vincent Van Gogh
- H. Oprah Winfrey
- I. Abraham Lincoln
- J. Dalai Lama
- K. Hillary DePiano

## Quote:

1. Happiness is not something ready-made. It comes from your own actions.
2. Love yourself first and everything else falls into place.
3. Unless someone like you cares a whole awful lot, nothing's going to get better. It's not.
4. Start where you are. Use what you have. Do what you can.
5. You must be the change you want to see in the world.
6. Keep your eyes on the stars and your feet on the ground.
8. Great things are done by a series of small things brought together.
9. The big secret to life is that there is no secret. Whatever your goal, you can get there if you're willing to work.
10. The hard days are what make you stronger.
11. We all get the same 365 days. The only difference is what we do with them.

Answers on the last page!

## Reminder

**For the  
January meeting...**

A **reminder** from Ronda:

**Andrea Hilton**  
and

**Jeanne Hoy**

have volunteered to bring  
**refreshments.**



A **reminder** from Pat:

**Christi Schneider**  
and

**Bonnie Hawes**

have volunteered to bring  
**opportunity gifts.**



Pat would like one more for  
this meeting!

## Ways and Means

Happy New Year to ALL! The sale of our See's Christmas Candy this year was a BIG success! We made \$410. Thank you again to Kim McGuire & Abbey Savich for graciously offering the use of their Foundation Office to facilitate the distribution of the candy and allowing the Auxiliary to provide this fundraiser.

As we enter these winter months, please give some thought as to opportunities we might have to get together, weather permitting of course, to have fun such as playing board or card games, maybe meeting for lunch, coffee or tea, or making soup together to share. Let me know your thoughts!



Continue to stay safe, warm and above ALL healthy!

**Ronda Rynda, Ways & Means Chairperson**





With guidance by our creative leader Lia, MCHA members gathered on Tuesday, December 12<sup>th</sup> to assemble boxes of cookies that had been lovingly baked (and purchased) to share with MCH employees.

The assembly line moved smoothly, filling each box to the brim. Before delivery, the boxes were wrapped and decorated





On Sunday, December 17<sup>th</sup>,  
MCHA members gathered at the home of  
Barry & Jeanne Hoy to celebrate the holidays.  
As has become a tradition,  
Barry skillfully played the piano as members sang,  
visited with one another and enjoyed delicious  
appetizers brought to share with one another.



Answers:

1 – J; 2 – E; 3 – F; 4 – B; 5 – A; 6 – C; 7 – I; 8 – G; 9 – H; 10 – D